

GUIDE TO JASPER'S Mountain Bike Trails

Pyramid Bench Trails

ONLY TRAILS #3 (SATURDAY NIGHT LAKE LOOP) & #8 (MINA-RILEY LAKE LOOP) ARE OPEN TO MOUNTAIN BIKES.

#3 Saturday Night Lake Loop

ADVANCED 27.4 KM

The trailhead is at the west end of town just before the Cabin Creek West subdivision. Take the trail leading from the parking lot. The trail starts off uphill and then follows a low ridge with occasional views of the Miette and Athabasca Valleys. Past Caledonia Lake the grade gets steeper as it heads up to High Lakes. From here to Saturday Night Lake are some swampy sections, but beyond that to Cabin Lake, continue along the fire road to the junction with Pyramid Lake Road and turn right to return to Jasper. This trail can also be done in reverse.

#8 Mina-Riley Lake Loop

INTERMEDIATE TO ADVANCED 9 KM

Start at the parking lot opposite the Aquatic Centre. The trail climbs fairly steeply to the left until it intersects the Cabin Lake fire road. Cross the road and continue past a large pond to Mina Lake. 3.5 Km from the lake a marked spur leads down a very steep hill to Riley Lake. Turn around at the intersection with Trail #6 (Where bikes are not allowed). Return via the main trail turning left onto the fire road at Km 7. A right turn onto the paved Pyramid Lake Road will lead you back down to town.

#7 Athabasca River Trail

BEGINNER TO INTERMEDIATE 23 KM

Starting at Old Fort Point, the trail goes behind the golf course at Jasper Park Lodge. The first 12 Km have some uphill sections, especially as you near Maligne Canyon. Bicycles are not allowed on the self-guided trail between the First and Fifth bridges at Maligne Canyon. Instead, ride down Maligne Road and take the Fifth bridge turnoff 3 km below. Cross the bridge and pick up trail #7 on the far side. Turn left to Sixth bridge and continue along the road to where the #7 reappears. From here the trail runs beside the Athabasca River back to Old Fort Point, or you can return to Jasper along Highway 16.

Palisades Lookout (ELEVATION 2020 M) 10.8 KM

Pyramid Mountain Fire Road

ADVANCED 11 KM

Start at the very end of Pyramid Lake Road. This is a gruelling ride for the harder mountain biker. To go to the Palisades Lookout, take the junction to the right. The left junction leads to the base of Pyramid Mountain. **Bring water.**

#1, 1A, 9, Old Fort Point

TO VALLEY OF THE FIVE LAKES 11.2 KM
TO WABASSO LAKE 19.3 KM
INTERMEDIATE

This combination of trails follows rolling terrain from Old Fort Point trailhead to the first lake in Valley of the Five Lakes. Here are some rocky and rootbound sections. There are two junctions in the trail at either end of the first lake. Go left for scenic views of the lakes, or right to bypass the lakes. All trails join together at the Wabasso Lake trail junction, before the slough. Cross the boardwalk to continue on to the Icefields Parkway (Highway #93). To continue to Wabasso Lake on trail #9, follow the trail to the left of the slough. The trail becomes rootbound and rocky near Wabasso Lake, return to Jasper via the Icefields Parkway.

#16•The Overlander Trail

BEGINNER TO INTERMEDIATE 14 KM

The trail head is 20 km east of Jasper townsite on Highway #16. Look for the marked trailhead at the second parking lot where the highway crosses the Athabasca River. The trail parallels the Athabasca River offering excellent views and a nice lunch spot at the historic Moberly Cabins. This area often floods in the spring resulting in sandy sections. Some tricky sidehill riding is required near the northern starting point. Near the end of the trail, take the right-hand fork which crosses a small bridged creek. Continue along the edge of the river to the junction of the Maligne and Athabasca rivers at the Sixth bridge picnic area. Bears frequent this area, particularly in the spring.

Snake Indian Falls (one way)

INTERMEDIATE 29 KM

Drive along the restricted Celestine Lake Road to the parking lot and cycle to Celestine Lake. A well graded gravel road leads 22 km to Snake Indian Falls. One km beyond the falls the road becomes a well-travelled trail to the Willow Creek area and Rock Lake exit.

Signal Mountain Fire Road

TO SIGNAL CAMPSITE 8.5 KM
TO SIGNAL LOOKOUT (ELEVATION 2311 M) 10 KM
ADVANCED

The marked trailhead for Signal Mountain is 10 km up the Maligne Lake Road. Like the Palisades fire road, this is a gruelling ride for the more energetic mountain biker. The road switchbacks continuously over and elevation gain of 980 m. **Bring water.**

TRAIL ETHICS



Always wear a helmet

Cyclists should be on the alert for wildlife. Stop and wait for the animal to move away. All animals in the park are wild and can behave unpredictably. Be especially wary of elk in the spring when they are calving and again in the fall when they are mating. Use bear bells on your bike and make noise when biking through shrubby areas and when approaching corners. Read "You are in Bear Country" available at the Parks Information Centre, to find out what to do should you encounter a bear.



Treat other trail users with courtesy,

especially on downhill stretches. Slow down when approaching blind spots and use a bell, horn or whistle to alert other visitors and wildlife to your presence.



Cycle only on designated trails and avoid riding around mudholes which will widen that trail and damage vegetation. **Get muddy instead.**



Horses have the right of way. In encounters with horse parties, dismount and stand a few feet off the trail (preferably on the downhill side) until the party has passed. When approaching from behind, stay a few metres back to **avoid being kicked.** Let horse riders know of your presence and wait for their instructions before you pass.



Be prepared! Bicycles can take you farther into the backcountry than you can walk in a day. You are responsible for your own safety.



Don't Litter! If you pack it in, pack it out!

FreeWheel Cycle

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<http://freewheeljasper.com/Trail-Map.pdf>

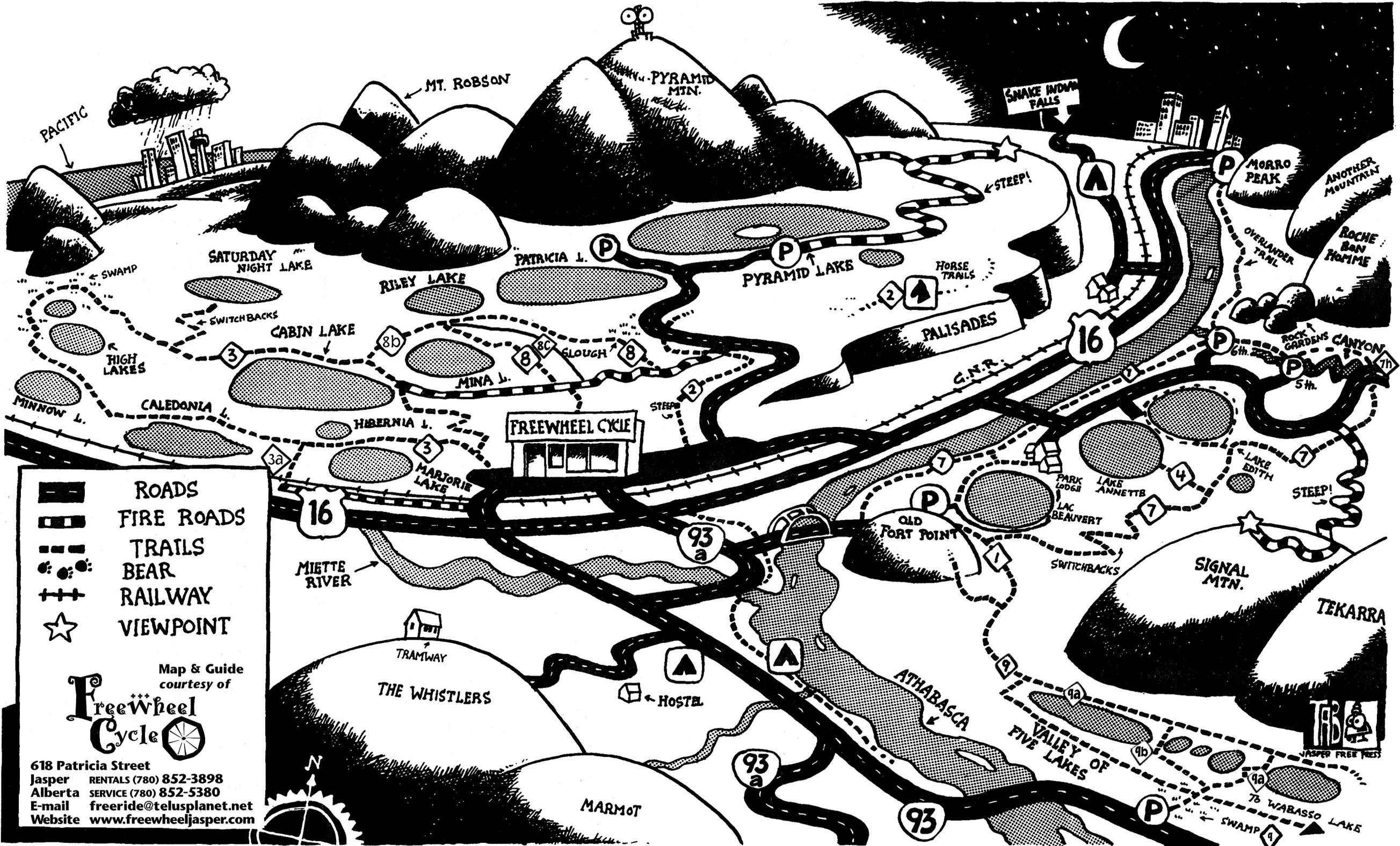
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-  ROADS
-  FIRE ROADS
-  TRAILS
-  BEAR
-  RAILWAY
-  VIEWPOINT

Map & Guide
courtesy of



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