Biking Trails near Invermere, BC

Lillean Lake – Along the Johnson Bike Trails
  - To get there: From Invermere, take the Panorama Road
Mount Swansea Biking and Hiking Trails
Spirit Trail – Columbia Lake
Invermere to Lillean Lake bike trails
Park at parking lot/picnic area by Lillean Lake. Cross road to trails.
Along The Johnson Bike Trails

IMBA RULES OF THE TRAILS
1. RIDE ON OPEN TRAILS ONLY.
2. LEAVE NO TRACE.
3. CONTROL YOUR BICYCLE!
4. ALWAYS YIELD TRAIL.
5. NEVER SCARE ANIMALS.
6. PLAN AHEAD.
For More Info See: www.imba.com

Along The Johnson - Singletrack
Description: Epic XC trail with fast and flowy sections, good climbs, and technical descents.
Approximate ride time: 1.5 hours.
Length: 11 kilometres.
Difficulty: Intermediate (blue) with natural technical features.
Highlights: Fantastic views of the Toby Creek and the Rocky Mountains.
Suggestion: Use caution, especially on exposed section along the Toby Canyon.

Along The Johnson - Green Trail
Description: Doubletrack and old dirt road linked together to offer a fun loop with some mild change of elevation. Great to do with the whole family.
Approximate ride time: 45 minutes.
Length: 2.5 kilometres
Difficulty: Beginner (green).
Suggestion: Great to do with a Charriot.

Legend
- Beginner Trail
- Intermediate Trail
- Advanced Trail
- Parking
- Viewpoint
- Bridge
- Road (Gravel)
- Road (Paved)

www.columbiavalleycyclingociety.org/
Description: The mountain features seven downhill trails, most with a black diamond difficulty rating.

Difficulty: Plenty of great challenges which include: steep descents, a large step-up jump, rocky and sandy slopes, jumps, and fast, flowy trails.

Suggestion: For an extra challenge, check out the hike-a-bike from the top parking to get to Dirty Monkey. If you prefer to pedal, a hard effort will get you to the summit in an hour. Body armour is recommended on all trails.

Hikes: the 4.5 Kilometre Swansea Loop Hiking Trail will get you to some great view points. Or try the 15 minute hike from the top parking lot to the mountain summit for a spectacular 360 degree view of the valley.

www.columbiavalleycyclingsociety.org/

Legend

- Trails
- P Parking
- Viewpoint
- Road (Gravel)
- Road (Paved)
- Hiking Trails

IMBA RULES OF THE TRAILS
1. RIDE ON OPEN TRAILS ONLY.
2. LEAVE NO TRACE.
3. CONTROL YOUR BICYCLE!
4. ALWAYS YIELD TRAIL.
5. NEVER SCARE ANIMALS.
6. PLAN AHEAD.

For More Info See: www.imba.com
**Spirit Trail – Columbia Lake**

Opinion: The beginning of the trail is a nice leisurely one, turning from road/wagon trail to single track. However, the single track is not that long, and when it ends its back to a double track / wagon road / dirt road. While the terrain is very pretty (meadows, etc.) its not a particularly inspiring ride, especially because the lake is out of view most of the time. And it can be quite hot on it. So, do it if you are looking to break up your drive, but I would not go out of my way for it.

Fact. To get there from Highway 93/95, turn east onto Fairmont Creek Road and pass the fire hall in Fairmont Hot Springs. Take your first right onto Columbia River Road and drive to the end of the road. In Canal Flats, head north on Grainger Road to Canal Flats Provincial Park. Be sure to swing by the deli at the Family Foods store on Arbuckle to pick up a couple of “Canal Flats Club” sandwiches (also known as a “Stansbury Special” or “Palliser Pizza”), consisting of a pepperoni stick baked inside a wad of cheese dough. Mmmm.