1. From top of Showcase T-bar on Blackcomb, cross Blackcomb Glacier to the Blackcomb-Spearhead col.
2. Climb over Decker mountain. You can go right over the top to the Trorey-Decker col, or drop down a steep slope from the east ridge of Decker to a lower part of the Trorey Glacier.
3. Traverse around the North side of Mt. Trorey on the Trorey Glacier.
4. Ski around the south side of Mt. Pattison.
5. Climb to the col between Tremor and Shudder.
6. Traverse the Platform, Ripsaw and Naden Glaciers to the Macbeth Glacier.
7. Follow a ridge off the Macbeth Glacier to the Iago Glacier (steep) and climb the Iago Glacier.
8. Descend off Mt. Iago to the Diavolo Glacier (steep).
9. Climb over Mt. Benvolio and then do a spiralling descent around the N side of Overlord (crevasses).
10. Either descend Overlord Glacier and climb back to Russet Lake, or cross the Fissile-Whirlwind col and descend to Russet Lake.
11. Head West and descend to Singing Pass.
12. Ski out the singing pass trail to Whistler Village or ski up over the summits of Oboe and Flute to reach the Whistler downhill ski area and descend the ski runs to Whistler Village.

From the top of the glacier, drop down towards the Decker Glacier, staying low heading S.E. Cross the northern glaciated slopes of Mt Trorey. Good camping can be found here. Mt Pattison can be passed by the northern col or by climbing a short but steep west facing chute south of the peak. Cross the high on the Tremor Glacier, and climb to a narrowing slot between Tremor and Shudder Mountains.

Head S.E on high ground across the Platform Glacier, past good camping sites, to a col just west of Quiver Peak. Traverse the upper western slopes of the Ripsaw Glacier, until you come to a keyhole on the glaciers southern edge. Drop down from here onto the Naden Glacier, passing Mt MacBeth on your right until you reach the top of the Macbeth Glacier, just north of Couloir Ridge. Keeping to the skiers left, drop halfway down the glacier, passing a keyhole view of the Iago Glacier, to gain a south leading ridge. Climb the ridge and follow it south until easier ground enables you to drop down onto the Iago Glacier.

Traverse the top of the Iago glacier, and climb the eastern slopes of Mt Iago, until you can drop down onto the Diavolo Glacier. Circumvent the southern slopes of Mt Iago, and Mt Fitsimmons, passing good sites for camps. Veer westward and then decide between climb the southern slope Mt Benvolio, onto the Benvolio Glacier, and climb the glacier to a point just east of Overlord. Alternatively, you can take a more direct but steeper route climbing to the col between Mt Fizsimmons and Mt Benvolio. Either way, this will get you to the top of the Fitzsimmons Glacier.

Stay on high ground, approaching Overlord Mountain from the east, passing north of a steep eastern spur off the peak of Overlord, and dropping down onto the Overlord Glacier a little down from the cliffs SW of the main peak. Traverse the upper slopes of the Overlord Glacier, past good camping sites, and climb the mellow slopes west past Whirlwind Peak to a point just south of Fissile Peak. Once on high ground, drop down the shallow west leading valley between of Fissile Peak and an unnamed bluff. Head down this gentle valley towards Russet Lake, easily identified by a cabin on its northern banks. Keeping to the high ground south of the Lake, climb Cowboy Ridge and drop down to the upper reaches of Melody Creek.

From this point you have two options. You can follow the Singing Pass trail north down the western banks of Melody Creek, leading to a well maintained trail above Fitzsimmons Creek, and then the lower slopes of the resort. Alternatively, you can continue in a westerly direction to climb the slopes of the Musical Bumps, Oboe, Flute and then Piccolo, giving you the entire vertical descent of Whistler ski resort to finish the day.

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Spearhead Traverse.
This description was culled from the web. Maps were produced from my Garmin GPS/Base Camp software.
-- Saul Greenberg, Canmore, AB, Canada saul.greenberg@ucalgary.ca
Don't descend directly from col!

Rather, traverse slightly down under Mt. Shudder, then descend to the big wind roll. After, contour up to col.
You just have to do banana chute on Fissile if conditions are good
Alternate: Go out musical bumps Symphony Chair. But it does go up and down.
Alternate exit from Singing pass to Musical Bumps, then descend ski hill