

Biking Trails near Invermere, BC

Lillean Lake – Along the Johnson Bike Trails

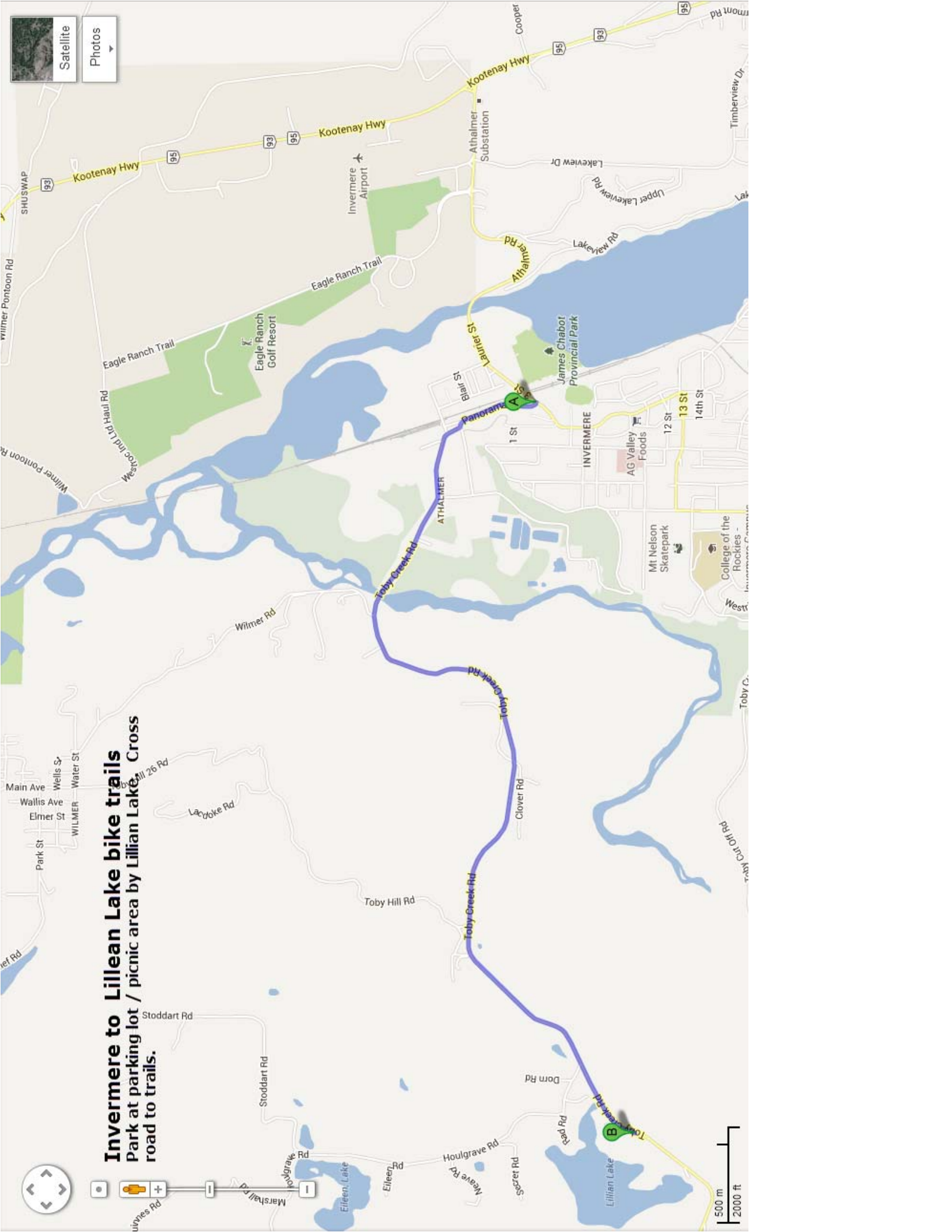
- To get there: From Invermere, take the Panorama Road

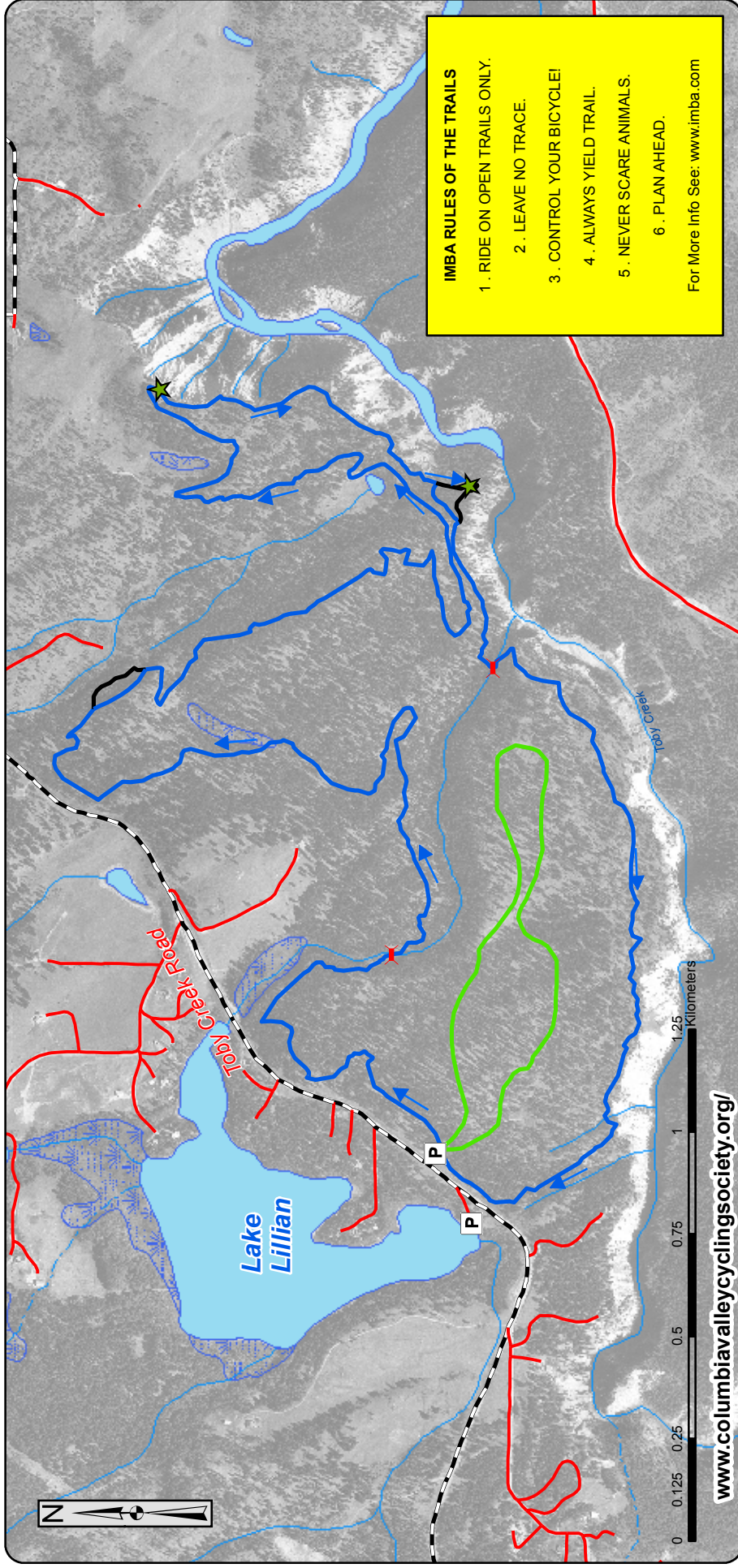
Mount Swansea Biking and Hiking Trails

Spirit Trail – Columbia Lake



Invermere to Lillian Lake bike trails
 Park at parking lot / picnic area by Lillian Lake, Cross road to trails.





www.columbiavalleycyclingsociety.org/

Along The Johnson - Singletrack
Description: Epic XC trail with fast and flowy sections, good climbs, and technical descents.

Approximate ride time: 1.5 hours.

Length: 11 kilometres.

Difficulty: Intermediate (blue) with natural technical features.

Highlights: Fantastic views of the Toby Creek and the Rocky Mountains.
Suggestion: Use caution, especially on exposed section along the Toby Canyon.

Along The Johnson - Green Trail

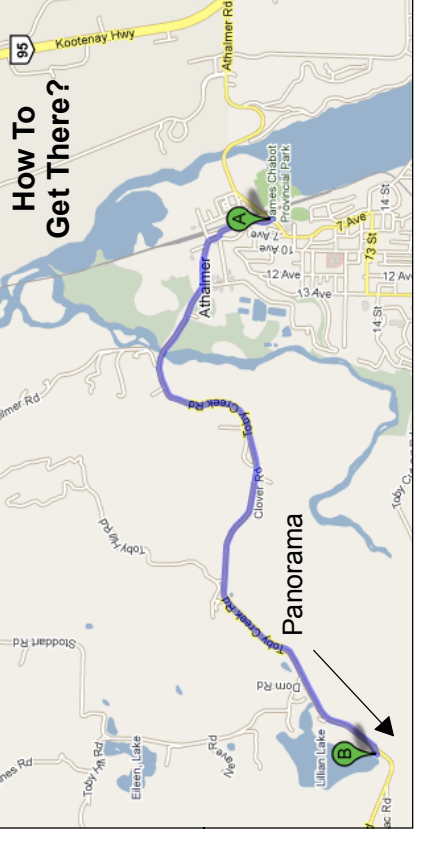
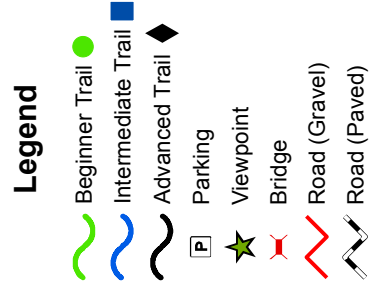
Description: Doubletrack and old dirt road linked together to offer a fun loop with some mild change of elevation. Great to do with the whole family.

Approximate ride time: 45 minutes.

Length: 2.5 kilometres

Difficulty: Beginner (green).

Suggestion: Great to do with a Charriot.



Description: The mountain features seven downhill trails, most with a black diamond difficulty rating.

Difficulty: Plenty of great challenges which include: steep descents, a large step-up jump, rocky and sandy slopes, jumps, and fast, flowy trails.

Suggestion: For an extra challenge, check out the hike-a-bike from the top parking to get to Dirty Monkey. If you prefer to pedal, a hard effort will get you can get to the summit in an hour. Body armour is recommended on all trails.

Hikes: the 4.5 Kilometre Swansea Loop Hiking Trail will get you to some great view points. Or try the 15 minute hike from the top parking lot to the mountain summit for a spectacular 360 degree view of the valley.

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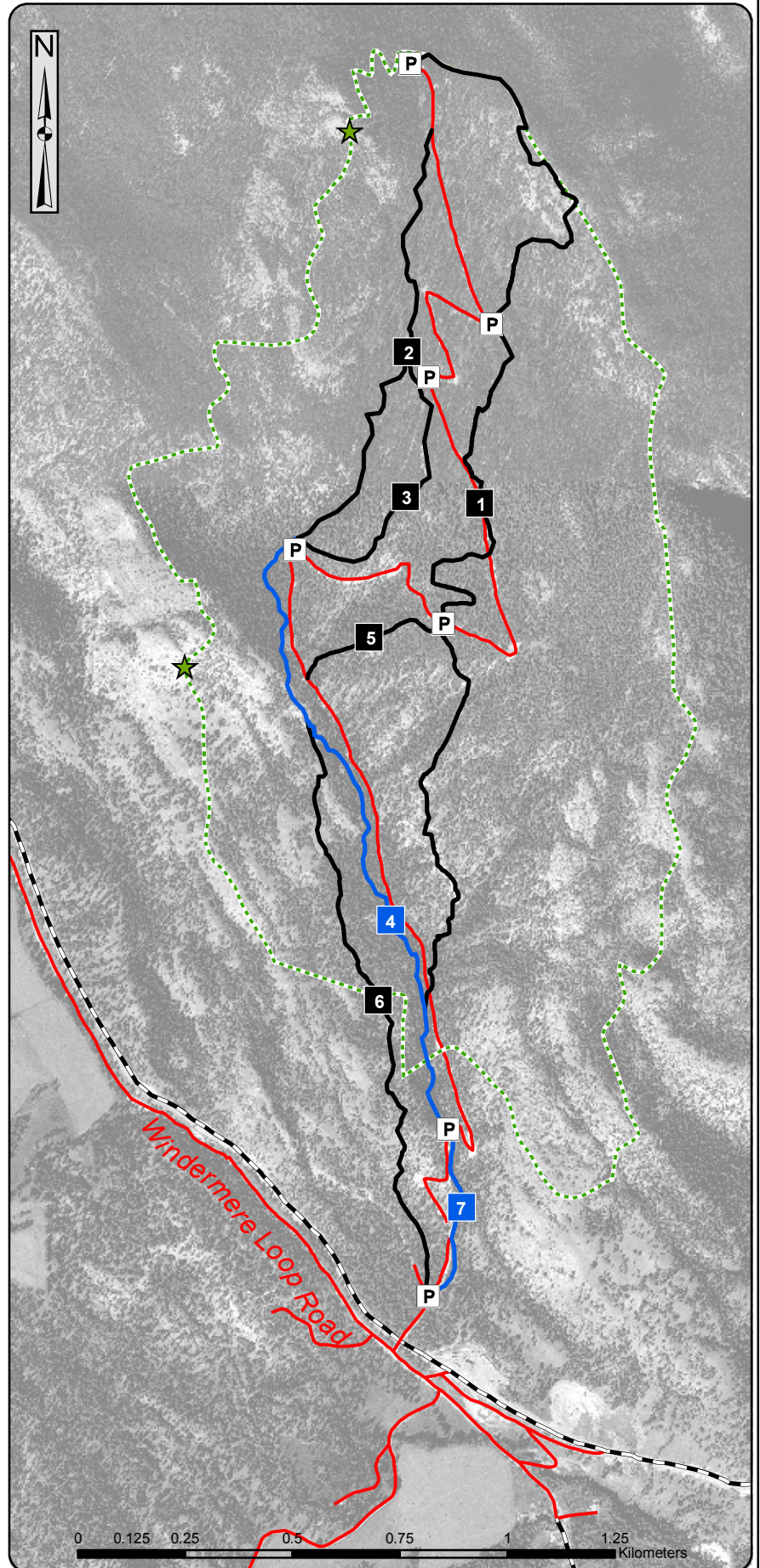
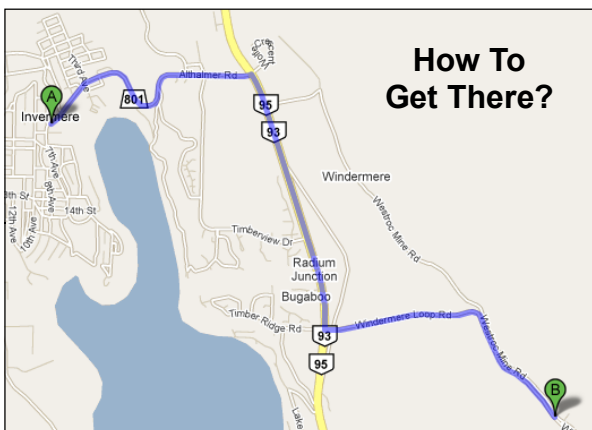
Legend

Trails	P Parking
Dirty Monkey	Viewpoint
Booty Call	Road (Gravel)
Steeps	Road (Paved)
Hula Girl	Hiking Trails
Autobahn	
Gravy Train	
Meat Grinder	

IMBA RULES OF THE TRAILS

- 1 . RIDE ON OPEN TRAILS ONLY.
- 2 . LEAVE NO TRACE.
- 3 . CONTROL YOUR BICYCLE!
- 4 . ALWAYS YIELD TRAIL.
- 5 . NEVER SCARE ANIMALS.
- 6 . PLAN AHEAD.

For More Info See: www.imba.com



Spirit Trail – Columbia Lake

Opinion: The beginning of the trail is a nice leisurely one, turning from road/wagon trail to single track. However, the single track is not that long, and when it ends its back to a double track / wagon road / dirt road. While the terrain is very pretty (meadows, etc.) its not a particularly inspiring ride, especially because the lake is out of view most of the time. And it can be quite hot on it. So, do it if you are looking to break up your drive, but I would not go out of my way for it.

Fact. To get there from Highway 93/95, turn east onto Fairmont Creek Road and pass the fire hall in Fairmont Hot Springs. Take your first right onto Columbia River Road and drive to the end of the road. In Canal Flats, head north on Grainger Road to Canal Flats Provincial Park. Be sure to swing by the deli at the Family Foods store on Arbutuckle to pick up a couple of “Canal Flats Club” sandwiches (also known as a “Stansbury Special” or “Palliser Pizza”), consisting of a pepperoni stick baked inside a wad of cheese dough. Mmmm.



The Spirit Trail : Fairmont to Canal Flats

The Spirit Trail is a traditional trail on the east side of Columbia Lake between Fairmont and Canal Flats. It's been there a very long time, and there are a few things you should know before you decide to ride, hike or trail-run in this very beautiful area.

- 1) The parcel of once-private land (lot 48), was purchased by the Nature Conservancy of Canada in 2012. Great news!
 - 2) If you come across cattle or horses, dismount your bike and walk.
 - 3) Although not in any reserve, this land south of lot 48 is traditional land of First Nations. Please respect that.
 - 4) Access at each end is marked by the BC Ministry of Environment as for non-motorized use only. For good reasons! The trail as shown is 12.5 km long, the northern end being nice very single-track. (some is quite new) The southern half is doubletrack. It's all nice riding. The total distance from the Canal Flats town office to the Fairmont Coffee-shop, via this trail, is 25.5 km.
- Trailhead North : 50.297927 -115.846716 Trailhead South : 50.202035 -115.828772